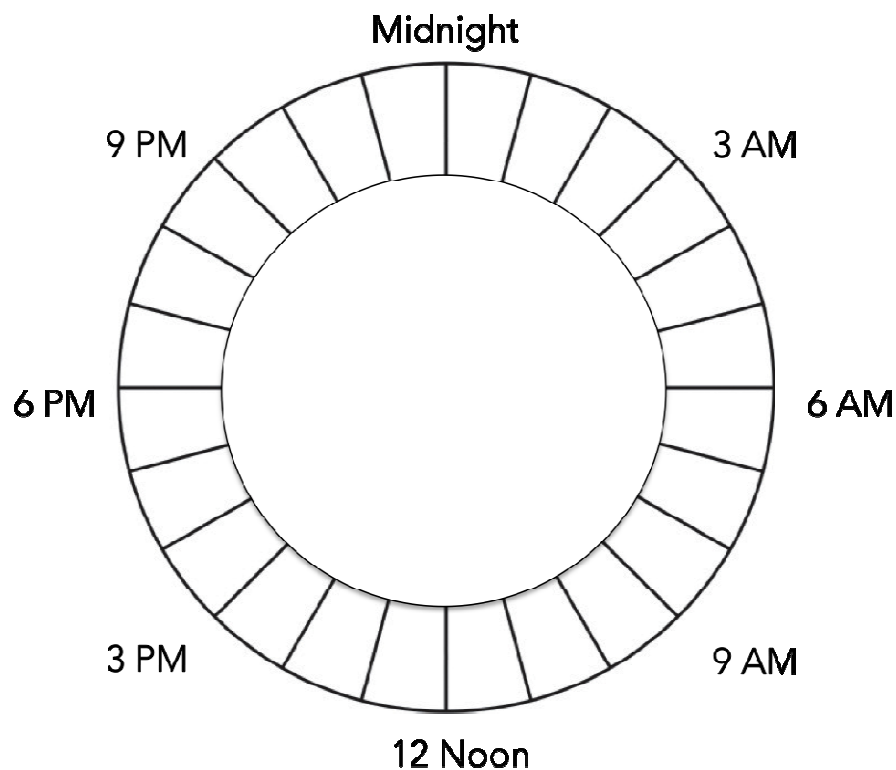


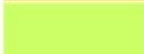

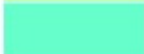



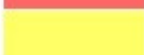
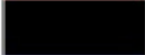








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Color the wheel with the feeling you are experiencing at any given time.



POSITIVE FEELINGS		NEGATIVE FEELINGS	
	Accomplished		Anxious
	Confident		Frustrated
	Empowered		Worried
	Grateful		Stressed
	Happy		Unmotivated
	Love		Discouraged
	_____		_____
	_____		_____

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